

r e s t a u r a n t PRESQU'ÎLE DE CONLEAU

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You are here, facing the **Golfe du Morbihan**, ready to enjoy dishes inspired by the treasures of the sea... and the land.

Our Chef and the team offer traditional cuisine, crafted with **local produce**, **seasonal ingredients**, and the **freshest catch of the day**.

Each ingredient is carefully selected, each plate thoughtfully prepared.

Take your time — savour, observe, share.

Bon appétit.

CAPTAIN'S MENU

9 fine oysters from the Golfe du Morbihan (n°2)

or

Scallops, apple compote with espelette pepper, cider sauce
or

Tuna samosas with coriander, spicy sauce and balsamic vinegar

Duck breast, carrots mousseline with cumin, shallots and wine sauce
or

Sea bass fillet cooked on the plancha, lemon verbena sauce, baby potatoes



Cheese plate with mixed salad

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The crunchy cylinder with clementine marmalade and Grand Marnier mousse or

Exotic desert

3-course menu (1 starter) – €40 4-course menu (2 starters) – €52.50

BUSINESS MENU €29,90

Lunchtime only, monday to friday (excluding public holidays)

Choice from the captain's menu:

Starter & main or Main & dessert

Microfiltred water "Ioz" 50 cl & expresso coffee included



VEGAN MENU



Chickpeas soup with coconut milk

Seasonal vegetables with golden falafels

Pineapple compote with granola and passionfruit sorbet





up to 12 years old

Fish fillet **or** minced beef steak served with fries, rice or seasonal vegetables

Far breton **or** 2 scoops of ice cream

Seafood

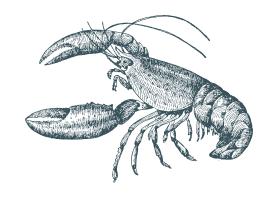
The Richard oyster-farming family has been passionately cultivating oysters and shellfish for over a century in Baden, Séné, at the heart of the Golfe du Morbihan.

	6 pcs	9 pcs	12 pcs
Oysters from the Golfe du Morbihan (n°2)	€13	€19,50	€26
💙 Platter of scampi (400 g) – subject to availability			€32,50
\bigcirc Platter of pink prawns, homemade mayonnaise (280g) $_$			€14
Bowl of whelks (300/350 g)			€15
Platter of sea snails (400 g)			€14
Crab with homemade mayonnaise (600 g)			€16,50
Grilled lobster from our tank - price based on size			€18,50 r 100 g

Seafood platters

We carefully select our products according to the day's catch.

To enjoy on site or take away on order.



The sailor's platter 5 oysters (n°2), 200 g of scampi, 8 prawns, 100g of whelks, 5 to 6 sea snails (depending on size)	€32,50
The fisherman's platter 1 crab, 5 oysters (n°2), 200 g of scampi, 8 prawns, 100 g of whelks, 5 to 6 sea snails (depending on size)	€42,50
The panoramic seafood platter 2 crabs, 15 oysters n°2, 600 g of scampi, 24 prawns, 300 g of whelks, 15 to 18 sea snails (depending on size)	€123,50

Starters

Homemade duck foie gras with chutney	_ €17
% Homemade shellfish soup	€12
Chickpeas soup with coconut milk	€10
Starters from the captain's menu (excluding oysters)	_ €15
Gravelax salmon, with pickles and salad	€15
Fish We work with fresh products, depending on availability and the season.	
○ Sole meunière, seasonal garnish	€37
Sea bass in a salt crust (for 2 people, subject to availability)	€57
Captain's menu fish dish	€21,50
Meat	
All our beef and pork are of French origin, except for the lamb, which comes New Zealand.	from
Steak tartare, French fries	€19,50
\bigcirc Beef fillet with french fries and blue cheese sauce	_ €28
Captain's menu meat dish	€21,50

Cheeses

Selection of 3 cheeses	_ €9,50
% Roasted Breton cheese with salad	_€10,50
Desserts	
Please make your selection when placing your order.	
Chocolate and hazelnut dacquoise	€13
% Warm apple tart, vanilla ice cream and salted butter caramel sauce	€13
Café gourmand	— €10
Champagne gourmand	€17
Desserts from the captain's menu	€12
Ice creams	
Colonel sundae lemon sorbet, vodka	9€
Conleau sundae	9€
green apple sorbet, brandy Fine de Bretagne	
% Carabreizh sundae	€10
salted butter caramel ice cream and sauce	
Artisanal french ice cream – Maison Antolin, since 1916 2 scoops $____$ $\in 6,50$ 3 scoops $____$ $\in 8,50$	
Flavours Ice cream: vanilla, chocolate, salted butter caramel Sorbets: apple, strawberry, lemon, passion fruit, blackcurrant	
For the sweet-toothed Sweet whipped cream, homemade salted butter caramel or chocolate sa	auce -€1