

#### r e s t a u r a n t PRESQU'ÎLE DE CONLEAU

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You are here, facing the **Golfe du Morbihan**, ready to enjoy dishes inspired by the treasures of the sea... and the land.

Our Chef and the team offer traditional cuisine, crafted with **local produce**, **seasonal ingredients**, and the **freshest catch of the day**.

Each ingredient is carefully selected, each plate thoughtfully prepared.

Take your time — savour, observe, share.

Bon appétit.

# CAPTAIN'S MENU

9 fine oysters from the Golfe du Morbihan (n°2)

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Cauliflower and buckwheat beignet with avocado and coriander cream or

Pumpkin veloute with walnuts and smoked oil



Stuffed green cabbage and cognac sauce *or* 

Hake filet with vervain and lemon sauce



Cheese plate with mixed salad

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Exotic delight

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Saffron pear with honey espuma and lemon crumble

3-course menu (1 starter) – €40 4-course menu (2 starters) – €52.50

# BUSINESS MENU 629,90

Lunchtime only, tuesday to friday (excluding public holidays)

Choice from the captain's menu:

Starter & main or Main & dessert

Microfiltred water "Ioz" 50 cl & expresso coffee included



#### **VEGAN MENU**



Chickpeas soup with coconut milk

Seasonal vegetables with golden falafels

Pineapple compote with granola and passionfruit sorbet





up to 12 years old

Fish fillet **or** minced beef steak served with fries, rice or seasonal vegetables

Far breton **or** 2 scoops of ice cream

#### Seafood

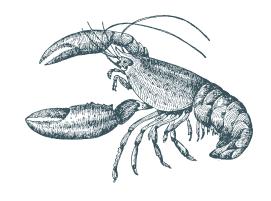
The Richard oyster-farming family has been passionately cultivating oysters and shellfish for over a century in Baden, Séné, at the heart of the Golfe du Morbihan.

	6 pcs	9 pcs	12 pcs
Oysters from the Golfe du Morbihan (n°2)	€13	€19,50	€26
💙 Platter of scampi (400 g) – subject to availability			€32,50
$\bigcirc$ Platter of pink prawns, homemade mayonnaise (280g) $\_$			€14
Bowl of whelks (300/350 g)			€15
Platter of sea snails (400 g)			€14
Crab with homemade mayonnaise (600 g)			€16,50
Grilled lobster from our tank - price based on size			€18,50 r 100 g

# Seafood platters

We carefully select our products according to the day's catch.

To enjoy on site or take away on order.



The sailor's platter 5 oysters (n°2), 200 g of scampi, 8 prawns, 100g of whelks, 5 to 6 sea snails (depending on size)	€32,50
The fisherman's platter  1 crab, 5 oysters (n°2), 200 g of scampi,  8 prawns, 100 g of whelks, 5 to 6 sea snails (depending on size)	€42,50
The panoramic seafood platter  2 crabs, 15 oysters n°2, 600 g of scampi,  24 prawns, 300 g of whelks, 15 to 18 sea snails (depending on size)	€123,50

### Starters

Homemade duck foie gras with chutney	_ €17
% Homemade shellfish soup	€12
Chickpeas soup with coconut milk	€10
Starters from the captain's menu (excluding oysters)	_ €15
Gravelax salmon, with pickles and salad	€15
Fish We work with fresh products, depending on availability and the season.	
○ Sole meunière, seasonal garnish	€37
Sea bass in a salt crust (for 2 people, subject to availability)	€57
Captain's menu fish dish	€21,50
Meat	
All our beef and pork are of French origin, except for the lamb, which comes New Zealand.	from
Steak tartare, French fries	€19,50
$\bigcirc$ Beef fillet with french fries and blue cheese sauce	_ €28
Captain's menu meat dish	€21,50

## Cheeses

	Selection of 3 cheeses	_ €9,50
S	Roasted Breton cheese with salad	_€10,50
	Desserts	
	Please make your selection when placing your order.	
	Chocolate and hazelnut dacquoise	€13
S	& Warm apple tart, vanilla ice cream and salted butter caramel sauce _	€13
8	Café gourmand Coffee with three desserts 2,00 € are payed back to the French ligue against cancer Champagne gourmand	<b>—</b> €10
	A glass of Théophile Roederer (12 cl) with three desserts	
	Desserts from the captain's menu	€12
	Ice creams  Colonel sundae	9€
	lemon sorbet, vodka	9€
	Conleau sundae green apple sorbet, brandy Fine de Bretagne	9€
S	Carabreizh sundae  caramelised apples, sweet whipped cream, salted butter caramel ice cream and sauce	€10
	Artisanal french ice cream – Maison Antolin, since 1916 2 scoops $\_\_\_$ $\in 6,50$ 3 scoops $\_\_$ $\in 8,50$	
	<b>Flavours</b> Ice cream: vanilla, chocolate, salted butter caramel Sorbets: apple, strawberry, lemon, passion fruit, blackcurrant	
	<b>For the sweet-toothed</b> Sweet whipped cream, homemade salted butter caramel or chocolate s	auce -€1